Cardiac Rehabilitation Research Center

Cardiac Rehabilitation Registry in Isfahan (CRRI)

پژوهشکده قلب و عروق اصفهان

referral
To Phase II CR

Early Assessment

1- History & Physical Examination

2- Musculoskeletal Assessment

3- Risk Factor Evaluation

4- Physical Examination

5- Drugs History

Pre & Post CR Measurement

1- BP (systolic & diastolic)

2. Lipid profile: (LDL,HDL,TG, Cholestrol)

3. Other Lab data: liver enzyme, uric acid, CRP,HBA1c

4-Psycological data: Depression (BECK),Quality of life (MACNEW), Anxiety(Spielberg),

5. Food Frequency Questionnaire

6-Smoking and Alcohol use

7- Exercise test: (METS), resting HR, Maximal HR, Exercise Time

8- Echocardiogram (EF)

9- Anthropometyric Variables

3 months &One Year Follow-up

Risk Stratifications

Low Risk Patients

Hybrid CR

Home Based CR

Center Based CR

Consultations (optional)

1-Dietition

2- Psychological

3- Smoking Cessation

4- Sport medicine

5- Cardiologist

High Risk Patients

Home Based CR